

NINJA PARTICIPANT INFORMATION SHEET (aged 7-10years)

Nail bed INJury Analysis (NINJA):

Should the nail plate be replaced or discarded after nail bed repair in children?

Do you want to become a



NINJA?



Do you have a poorly fingernail?

Would you like to help us solve a mystery?

Then you might be able to become one of our NINJAs!



**We're doing research about sore
fingernails – called nailbed injuries.**

*The nailbed is the bit of your finger that is underneath your
fingernail – it's like a bed for your fingernail*



*We're asking children **just like you**, from all over
the country, to help us solve a mystery about
nailbed injuries.*

Children who help us will be called NINJAs!

Want to know more? Turn the page!

Document title	NINJA_PIS_7-10_V2.0_26Jan2018.docx	Version/ date	V2.0 26Jan2018
Study short title	NINJA	REC no.	18/SC/0024
Chief Investigator	Prof Abhilash Jain	IRAS no.	219560 Page 1 of 8

PSST! HEY YOU!

**Count how many ninjas you can spot
in this booklet!** *(The answer is on the back page!)*



WHAT IS RESEARCH?

Research is when we study something very carefully to try
and find out the answers to questions.

When the doctors fix your nailbed, they first
have to take your fingernail off completely!

***The mystery is:
Should they put your fingernail
back on... or not?***



Traditionally, doctors put the fingernail back on
after the nail bed is repaired.



Doctors are now wondering if it is necessary at all!

How did you hurt your finger?

Did you trap your finger in the door like this little girl?

Don't feel silly – it happens to grown-ups too!



Document title	NINJA_PIS_7-10_V2.0_26Jan2018.docx	Version/ date	V2.0 26Jan2018
Study short title	NINJA	REC no.	18/SC/0024
Chief Investigator	Prof Abhilash Jain	IRAS no.	219560 Page 2 of 8



To be a NINJA you need to know what happens when your fingernail gets hurt

- ★ Your finger may be swollen, bruised and very sore!
- ★ There may even be some blood coming out!
- ★ There is usually a cut underneath your fingernail.
- ★ And you need an operation to make it better.
- ★ Your fingernail will feel better in a few weeks' time!
- ★ You might have to take some medicine, for example, if you have an infection in your nail.
- ★ Your fingernail will grow back in a few months!



Then you can build sandcastles
or play an instrument again!



Do you know what an infection is?



An infection happens when
too many germs get into
your body. YUK!



Don't worry though, we have great medicine to fix it fast!

Turn over the page to find out how we fix your nail!

Document title	NINJA_PIS_7-10_V2.0_26Jan2018.docx	Version/ date	V2.0 26Jan2018
Study short title	NINJA	REC no.	18/SC/0024
Chief Investigator	Prof Abhilash Jain	IRAS no.	219560 Page 3 of 8

NINJAs need to know what happens during the operation to fix fingernails



1. You will be given some medicine that will make you go to sleep and numb your finger.

2. The doctors will look at your finger carefully and give it a bit of a clean.



3. The cut that is causing the blood to come out is underneath your fingernail.

4. So the doctors will need to remove your fingernail to fix the cut.

5. To do this, they put some sutures or stitches in it.

6. After it's stitched together again they can either:



★ put your fingernail back on

★ not put your fingernail back on



7. The doctors will put a dressing over top of your finger – like a big sticking plaster.



8. And then they will wake you up!

9. When you're feeling better – you'll be able to go home – hopefully on the same day as your operation!

10. You'll need to come back next week so the doctors can check your finger is getting better.



Having an operation can be a bit scary. But the doctors and nurses will look after you very well.

Document title	NINJA_PIS_7-10_V2.0_26Jan2018.docx	Version/ date	V2.0 26Jan2018
Study short title	NINJA	REC no.	18/SC/0024
Chief Investigator	Prof Abhilash Jain	IRAS no.	219560



So HOW will we solve the mystery?

We are asking 416 patients from the UK to become NINJAs!



They will all have sore fingers, just like yours. You will be put into a team by a computer.



A computer will chose half of the patients to have their fingernail replaced!

This team is called *The Carpel Ed NINJA Team*

The computer will chose the other half to not have their fingernail replaced!



This team is called: *The Dads Dicer NINJA Team*



We will ask all the NINJAs questions about their fingernail – your grown up will receive these questions in the post or via email.

We will also ask for a photo of your fingernail after 4 months when a new nail has grown.



Looking at your fingernail photos and the answers to your questions will help us solve the mystery. At the end we will know whether

doctors should put the fingernail back on or not.

Becoming a NINJA will help children in the future who might hurt their fingers.



QUIZ TIME!

What is half of 416?

See the back page for the answer!

Document title	NINJA_PIS_7-10_V2.0_26Jan2018.docx	Version/ date	V2.0 26Jan2018
Study short title	NINJA	REC no.	18/SC/0024
Chief Investigator	Prof Abhilash Jain	IRAS no.	219560 Page 5 of 8



What do I need to do now?

Are you ready to become a NINJA?

Do you want to help us solve the fingernail injury mystery?

If so then ask your grown up to speak to the doctors and nurses. They will need to sign a form to say they are happy for you to join the NINJA mystery. And you can sign one too if you want to!

STOP



You don't have to become a NINJA!

If you don't want be a NINJA, you don't have to!

You will still have the operation and be looked after by the doctors and nurses.

We will just stop asking you questions!

NINJA Anagram quiz



Carpel Ed is an anagram of what word?

Clue: it means "to put something back"

Dads Dicer is an anagram of what word?

Clue: it means "to throw something away"



Go to the last page of the booklet for the answers!

Document title	NINJA_PIS_7-10_V2.0_26Jan2018.docx	Version/ date	V2.0 26Jan2018
Study short title	NINJA	REC no.	18/SC/0024
Chief Investigator	Prof Abhilash Jain	IRAS no.	219560 Page 6 of 8

Who *else* is helping solve the mystery?



The doctors and nurses at the hospital are helping solve the mystery! They are working with the research team based in the University of Oxford.

If you become a NINJA, your doctor will send information about your finger to the research team in Oxford, they won't know your name, only your "NINJA number".

The Oxford research team will put all the information together to work out which method of fixing fingernail injuries is the best!

They will publish this information on the internet and in science journals.

Find out about the Oxford people on our website:

www.ninja.octru.ox.ac.uk/team



Is the study is safe to do?



All research is looked at by an independent group of people, called a Research Ethics Committee. These people want to make sure the mystery is solved properly, and that we are doing the study the best way. They approved NINJA as safe for children to take part in.



Will anyone else know I'm in the study?

No, only the doctors and nurses you meet will know your name. You will only be known by your "NINJA number" to the research team.

What if I don't want to be a NINJA anymore?

You can stop being part of NINJA whenever you want to, if you decide you don't want to be in the study anymore, that's perfectly ok! You don't even have to tell us why. Just let us know and we won't bother you anymore!

Document title	NINJA_PIS_7-10_V2.0_26Jan2018.docx	Version/ date	V2.0 26Jan2018
Study short title	NINJA	REC no.	18/SC/0024
Chief Investigator	Prof Abhilash Jain	IRAS no.	219560 Page 7 of 8

Who is the NINJA contact at my hospital?



Local Research Team contact name
Local Research Team email and phone number
Local PI name



**Thanks for reading our
NINJA leaflet!**

**Here's your very own
ninja to colour in!**

**Turn the booklet
upside down to
read the answers!**

Answers – how many did you get right?
Half of 416 is 208!
"Carpel Ed" is an anagram of "replaced"
"Dads Dicer" is an anagram of "discarded"
There are 13 ninjas in the booklet!

Document title	NINJA_PIS_7-10_V2.0_26Jan2018.docx	Version/ date	V2.0 26Jan2018
Study short title	NINJA	REC no.	18/SC/0024
Chief Investigator	Prof Abhilash Jain	IRAS no.	219560
Page 8 of 8			